

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|---|
|  | 9:30 Grow Young Fitness 10:30 Manicures 11:00 World's Largest Train Visit (Tama)* 3:00 BINGO | 10:00 Millennium Therapy 2:00 Craft: Cactus Planter (U) 3:00 Resident Led Euchre (U) | 10:00 Exercise Judy/Linda 1:00 Walmart 3:00 Pepper (U) | 9:30 Chair Yoga 11:00 Lunch: Legends (Marshalltown) 3:00 BINGO | 9:30 Grow Young Fitness 3:00 Happy Hour: National Donut Day (D) 4:00 Music: Dave Wirtz (D) | |
| | 9:30 Grow Young Fitness 10:30 Manicures(D) 2:00 Balloon Volleyball (U) 3:00 BINGO | 10:00 Millennium Therapy 10:30 Intown Shopping 2:00 Craft: Watermelon Door Hanger (U) | 10:00 Exercise Judy/Linda 2:00 Making Berry Dump Cake (D) 3:00 Farkle (U) | 9:30 Chair Yoga 11:00 Lunch: La Terraza (Toledo) 3:00 BINGO | 9:30 Grow Young Fitness 2:00 Making Peanut Butter Cookies (D) 3:00 Happy Hour: Milkshake Bar (D) | |
| | 9:30 Grow Young Fitness 10:30 Manicures(D) 2:00 Music: Midnight Riders 3:00 BINGO | 10:00 Millennium Therapy 2:00 Craft: Q-Tip 4th of July (U) 3:00 Resident Led Euchre (U) | 10:00 Exercise Judy/Linda 2:00 Nat'l Veggie Day Dip Bar (D) 3:00 Pepper (U) | 9:30 Chair Yoga 1:30 Ice Cream & Ride to Otter Creek Lake/Park 3:00 BINGO w/ Iowa River Hospice | 9:30 Grow Young Fitness 12:00-2:00 Father's Day Down Home Lunch w/ Root Beer Floats | |
|  <small>Father's Day Summer Begins</small> | 9:30 Grow Young Fitness 10:30 Manicures(D) 2:00 Documentary: The Elephant Whisperers (U) 3:00 BINGO | 10:00 Millennium Therapy 10:30 Intown Shopping 2:00 Craft: Tie Dye Socks (U) | 10:00 Exercise Judy/Linda 2:00 National Farmer Day Chex Mix (D) 3:00 Farkle (U) | 9:30 Chair Yoga 2:00 Tenant/ Food Council (Fitness) 3:00 BINGO | 9:30 Grow Young Fitness 11:30-3:30 Blood Drive 1:00 Tama County Extension (U) 3:00 Sunshine Sip and Snack! |  |
| 1:00 Presbyterian Church Service | 9:30 Grow Young Fitness 10:30 Manicures(D) 2:00 Documentary: Life on American Dairy Farms (U) 3:00 BINGO | 10:00 Millennium Therapy 2:00 Craft: Flower Basket Door Hanger (U) 3:00 Resident Led Euchre (U) |  <h1>June 2026</h1>  <p>Birkwood Village Tama/Toledo</p> | | | |

KEY: (U- Upstairs) (D- Downstairs) (T- Trip) *All activities are subject to change due to circumstances or weather conditions*