

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 February 2025 Birkwood Village Tama/Toledo  1						
2 Alice's Birthday! Groundhog Day	3 9:30 Grow Young Fitness 11:00 Cook with Michelle- Carrot Cake 3:00 Bingo with Iowa River Hospice	4 9:30 Millennium Therapy 1:00 In town Shopping 3:00 Slot Machine Ernest Birthday!	5 10:00 Exercise with Linda/Judy 1:00 Journaling 3:30 Bible Study	6 9:30 Chair Yoga 10:00 Manicures 11:00 Pizza Ranch- Grinnell lunch outing 3:00 Bingo	7 9:30 Grow Young Fitness 1:00 Uno 3:00 Hot Chocolate Bar Schelby's Birthday! (wear red day)	8
9 Superbowl Party!	10 9:30 Grow Young Fitness 11:00 Cook with Michelle- Cream Cheese Brownies 3:00 Bingo	11 9:30 Millennium 10:30- Yatzee 1:00 Walmart (wear a white shirt Day)	12 10:00 Exercise with Linda/Judy 1:00 Button Flower Craft 3:30 Bible Study Tu B'Shevat Begins	13 9:30 Chair Yoga 10:00 Manicures 11:00 Order In Tama Eagles 1:00 Food Council 3:00 Bingo	14 9:30 Grow Young Fitness 1:00 Balloon Volleyball 5-8:30 Valentine's Supper & Dance Valentine's Day	15 (wear your red socks day!)
16 1:00 Methodist Church Service 2:00 Reformed Baptist Church Service	17 9:30 Grow Young Fitness 11:00 Cook with Michelle- pink strawberry brownies 3:00 Bingo Presidents' Day (U.S.)	18 8:30 Tama Co Foot Clinic 9:30 Millennium 10:30 In town Shopping 3:00 Ron Burgess- music	19 10:00 Exercise with Linda/Judy 1:00 Journaling 3:30 Bible Study Pat K. Birthday!	20 9:30 Chair Yoga 10:00 Manicures 1:00 Tama Humane Society 3:00 Bingo (wear your comfy clothes)	21 9:30 Grow Young Fitness 2:00 Billy Wilson 3:00 Iowa River Hospice- Grief 4:00 Sticky Buns Social	22 3:00 Margarita Social
23 1:00 First Presbyterian Church	24 9:30 Grow Young Fitness 11:00 Cook with Michelle- Peanut Butter Cookies 3:00 Bingo with Chips and Dip	25 9:30 Millennium 10:30 In town Shopping 1:00 Casino	26 10:00 Exercise with Linda/Judy 11:00 Catholic Church Service 1:00 Left, Right, Center 3:30 Bible Study	27 9:30 Chair Yoga 10:00 Manicures 1:00 Iowa River Hospice- Education 3:00 Bingo with Strawberrys (wear your retro!)	28 9:30 Grow Young Fitness 1:00 Tama Co. Extension Office- Birds 3:00 Celebrate February Birthdays! 4:00 Floral Arrangements 6:30 Talent Night Ramadan Begins	

ALL ACTIVITIES ARE SUBJECT TO CHANGE OR CHANGE DUE TO WEATHER! Green= Dining Room Blue= Activities Area