

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>April 2026 Birkwood Village Tama/Toledo</p>		<p>1 10:15 Gentle Exercise 1:00 Reminisce Therapy 2:00 BINGO <small>All Fools' Day Passover Begins</small></p>	<p>2 10:15 Chair Yoga 1:00 Walking Club 4:00 Music: Dave Wirtz</p>	<p>3 9:30 Gentle Exercise 1:00 Easter Egg Activity 2:00 Patio Snack Time</p>	<p>4</p>	
<p>5 Community Wide Easter Egg Hunt 9:30 AM – 11:30 AM <small>Easter Sunday</small></p>	<p>6 10:15 Gentle Exercise 1:00 Manicures with Hand Massages 2:00 Umbrella Craft</p>	<p>7 10:15 Chair Yoga 3:00 Smoothies for National Health Day</p>	<p>8 10:15 Gentle Exercise 2:00 BINGO</p>	<p>9 10:15 Chair Yoga 3:00 Mini Golf for The Masters Opening Day</p>	<p>10 10:15 Gentle Exercise 1:00 Spring Themed Puzzle Happy Hour 2:00 Patio Snack Time</p>	<p>11</p>
<p>12</p>	<p>13 9:30 Grow Young Fitness 1:00 Manicures with Hand Massages 3:00 Peach Cobbler Day</p>	<p>14 10:15 Chair Yoga 2:00 Make Your Own Sundae Bar 3:00 Rain Stick Craft</p>	<p>15 10:15 Gentle Exercise 1:00 Walking Club 2:00 BINGO</p>	<p>16 10:15 Chair Yoga 11:00 Lunch at Silver Dollar (Chelsea) 3:00 Stress Awareness Day</p>	<p>17 10:15 Gentle Exercise 2:00 Decorating Spring Cookies</p>	<p>18</p>
<p>19 1:00 Methodist Church Service</p>	<p>20 9:30 Grow Young Fitness 1:00 Manicures with Hand Massages</p>	<p>21 10:00 Millennium Therapy 3:00 Spring This or That</p>	<p>22 10:15 Gentle Exercise 1:00 Spring Coloring 2:00 BINGO <small>Earth Day Administrative Professionals Day</small></p>	<p>23 10:15 Chair Yoga 11:00 Lunch at Chinese Buffet (Marshalltown) 2:00 Music: Rearview Mirror</p>	<p>24 10:15 Gentle Exercise 2:00 Patio Snack Time <small>Arbor Day</small></p>	<p>25</p>
<p>26 1:00 Presbyterian Church Service</p>	<p>27 9:30 Grow Young Fitness 1:00 Manicures 3:00 Balloon Volleyball Happy Birthday Dorothy!</p>	<p>28 10:15 Chair Yoga 2:00 Blueberry Pie Day</p>	<p>29 10:00 Gentle Exercise 2:00 BINGO 3:00 Celebrate April Birthdays</p>	<p>30 9:30 Chair Yoga 2:00 Making Fruit Into a Flower</p>		

KEY: (T- Trip) *All activities are subject to change due to circumstances or weather conditions*