

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <p><b>April 2026</b> Birkwood Village Tama/Toledo</p>		<p><b>1</b> 10:00 Exercise with Judy/Linda 12:15 Opening Day! <b>Mets vs. Cardinals</b> Baseball (U) 2:00 Book Club (D) <small>All Fools' Day Passover Begins</small></p>	<p><b>2</b> 9:30 Chair Yoga 3:00 BINGO (U) 4:00 Music: Dave Wirtz</p>	<p><b>3</b> 9:30 Grow Young Fitness 2:00 Good Friday &amp; Easter Egg Stuffing (D)</p>	<p><b>4</b></p>
<p><b>5</b> <b>Community Wide Easter Egg Hunt</b> 9:30 AM – 11:30 AM  <small>Easter Sunday</small></p>	<p><b>6</b> 9:30 Grow Young Fitness 10:30 Manicures 2:00 Birkwood Easter Egg Roll (D) 3:00 BINGO (U)</p>	<p><b>7</b> 10:00 Millennium Therapy 10:30 Intown Shopping 2:00 Smoothies for National Health Day (D) 3:00 Pepper (U)</p>	<p><b>8</b> 10:00 Exercise with Judy/Linda 1:00 Walmart 3:30 Spring Jewelry (U)</p>	<p><b>9</b> 9:30 Chair Yoga 2:00 Masters Opening Day Watch &amp; Live Mini Golf (D) 3:00 BINGO with Mary (U)</p>	<p><b>10</b> 9:30 Grow Young Fitness 1:00 Coffee Filter Butterflies (U) 3:00 National Pet Day Show &amp; Tell Happy Hour (D)  <small>Happy Birthday Janet!</small></p>
<p><b>12</b> 9:30 Grow Young Fitness 10:30 Manicures 2:00 Peach Cobbler Day (D) 3:00 BINGO (U)</p>	<p><b>13</b> 10:00 Millennium Therapy 10:30 Intown Shopping 2:00 Gardening Club with Blake (D) 3:00 Pepper (U)</p>	<p><b>14</b> 10:00 Exercise with Judy/Linda 12:15 <b>Cardinals vs. Guardians</b> Game Watch (U) 2:00 Birdseed Ornaments for Courtyard (U)</p>	<p><b>15</b> 9:30 Chair Yoga 11:00 Lunch at Silver Dollar (Chelsea) 2:00 Nat'l Stress Awareness Day (U) 3:00 BINGO</p>	<p><b>16</b> 9:30 Grow Young Fitness 2:00 Spring Punch Board &amp; Happy Hour (D)  <small>Happy Birthday Anna!</small></p>	<p><b>17</b> 9:30 Grow Young Fitness 2:00 Spring Punch Board &amp; Happy Hour (D)  <small>Happy Birthday Anna!</small></p>
<p><b>19</b> 1:00 Methodist Church Service</p>	<p><b>20</b> 9:30 Grow Young Fitness 10:30 Manicures 2:00 Boston Marathon Relay Game (D) 3:00 BINGO (U)</p>	<p><b>21</b> 10:00 Millennium Therapy 1:00 Flower Initial Frames (U) 2:00 Mini Pizza Making Competition (U)</p>	<p><b>22</b> 10:00 Exercise with Judy/Linda 1:00 <b>Planting Seeds of Comfort with St. Croix</b> (U) 3:00 Tenant/Food Council (U) <small>Earth Day Administrative Professionals Day</small></p>	<p><b>23</b> 9:30 Chair Yoga 11:00 Lunch at Chinese Buffet (Marshalltown) 2:00 Music: Rearview Mirror 3:00 BINGO (U)</p>	<p><b>24</b> 9:30 Grow Young Fitness 1:00 Casino 3:00 Arbor Day Happy Hour (D)  <small>Arbor Day</small></p>
<p><b>26</b> 1:00 Presbyterian Church Service</p>	<p><b>27</b> 9:30 Grow Young Fitness 10:30 Manicures 2:00 Button Flowers (U) 3:00 BINGO (U) <small>Happy Birthday Dorothy!</small></p>	<p><b>28</b> 10:00 Millennium Therapy 10:30 Intown Shopping 2:00 Blueberry Pie Day (D) 3:00 Mosaic Activity (U)</p>	<p><b>29</b> 10:00 Exercise with Judy/Linda 2:00 Denim Day Craft (U) 3:00 Celebrate April Birthdays (D)</p>	<p><b>30</b> 9:30 Chair Yoga 2:00 Making Lemon Bars (D) 3:00 BINGO (U)</p>	

KEY: (U- Upstairs) (D- Downstairs) (T- Trip) \*All activities are subject to change due to circumstances or weather conditions\*