

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 AUGUST 2026 Birkwood Villager Tama/Toledo Memory Support						1 Morning Morning Exercises Afternoon Coloring Group Resident Chosen Movie
2 Morning Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	3 Morning News/Conversation Afternoon Rest/Relaxation Nat'l Watermelon Day Sorting Buttons by Color	4 Morning News/Conversation Manicures Walk in the Courtyard Afternoon BINGO Movie Night: Mrs. Doubtfire	5 Morning Daily Chronicle & Coffee Ride the Bike Afternoon Rest/Relaxation Popsicles on the Patio	6 Morning News & Conversation Follow the Leader Exercise Afternoon Thirsty Thursday: Root Beer Floats	7 Morning Daily Chronicle & Coffee Afternoon Rest/Relaxation Lighthouse Craft Happy Hour: Ocean Water	8 Morning Morning Exercises Afternoon Coloring Group Resident Chosen Movie
9 Morning Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	10 Morning News/Conversation Music Monday w/ Coloring Afternoon Rest/Relaxation Baking Brownies	11 Morning News/Conversation Manicures Afternoon BINGO Movie Night: Apollo 13	12 Morning Daily Chronicle & Coffee Ride the Bike Afternoon Rest/Relaxation Popsicles on the Patio	13 Morning News & Conversation Follow the Leader Afternoon Baking Muffins Our Community Garden Craft	14 Morning Daily Chronicle & Coffee Afternoon Rest/Relaxation Sand Art Craft Happy Hour: Nat'l Creamsicle Day	15 Morning Morning Exercises Afternoon Coloring Group Resident Chosen Movie
16 Morning Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	17 <u>Iowa State Fair Week</u> Morning News/Conversation Walk the Courtyard Afternoon Butter Cow Sculpting Iowa State Fair Trivia	18 Morning News/Conversation Manicures Afternoon Blue Ribbon BINGO Movie Night: Night at the Museum	19 Morning Daily Chronicle & Coffee Ride the Bike Afternoon Rest/Relaxation Duck Pond Matching Game	20 Morning News & Conversation Follow the Leader Afternoon Thirsty Thursday: Fair Lemonade & Hard-Boiled Eggs on a Stick	21 Morning Daily Chronicle & Coffee Afternoon Rest/Relaxation Spin Art Craft Happy Hour: Making Rice Krispie Treats	22 Morning Morning Exercises Afternoon Coloring Group Resident Chosen Movie
23 Morning Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	24 Morning News/Conversation Music Monday w/ Coloring Afternoon Rest/Relaxation Golf Challenge	25 Morning News/Conversation Manicures Afternoon BINGO Nat'l Banana Split Day Movie Night: Benji	26 Morning Daily Chronicle & Coffee Ride the Bike Afternoon Rest/Relaxation Dog Visit with Tucker	27 Morning News & Conversation Afternoon Baking Cinnamon Rolls Thirsty Thursday: Hot Apple Cider/Coffee	28 Morning Daily Chronicle & Coffee Afternoon Rest/Relaxation Cherry Turnovers Family Day: Crafting Memory Boxes!	29 Morning Morning Exercises Afternoon Coloring Group Resident Chosen Movie
30 Morning Morning Exercises Gospel Music Afternoon Group Games Coffee Chat	31 Morning News/Conversation Music Monday w/ Coloring Afternoon Summer Trail Mix	 Memory Support				

T KEY: (U- Upstairs) (D- Downstairs) (T- Trip) *All activities are subject to change due to circumstances or weather conditions*